

Direct Snap Plays: Sweep-Pass

This one's a simple extension of the direct power. The halfback starts out like he's running at the 2 hole, but it's what's called an in-and-out run that helps set up the log block on the defensive end. The fullback keeps his butt pointed toward where he expects the halfback to be as he uses the DE to pivot around with one high elbow inside and the other arm swinging outside. Even if the blocker fails to get his butt around, if he can just stay in contact with the opponent, he should make it hard for him to break off and pursue.

If the back side guard is uncovered, he just bucket steps and looks for any leakage. Don't take too seriously his path as shown in the second diagram. He might have to protect against back side pursuit.

The quarterback and the back side end are purely decoys. If the wing is covered, just keep the ball and run with a shout to the pulling front side guard to release downfield.

My first impulse was to make the power play a cut to the hole off of sweep action, but I think the log block will be easier to practice with the in-and-out action, and makes the power nearly impossible to chase down from behind.

