



Four Winds Farm Information & Order Form Meat and FarmDollars

Have questions not answered here?

Call or email: (845) 255-3088 jarmour@bestweb.net

Beef

Retail Cuts: We will have our grass-fed beef available for sale at Cold Spring and Woodstock Farmer's Markets or at the farm by appointment. Animals will be sent out for processing on April 30, July 16, and October 8 and will be available for pick-up roughly one month later.

Bulk quantities: Beef will be available by the side or split-quarter in November. Stock up for the winter and save! Bulk price is \$3.75/pound, based on hanging weight. (FarmDollars cannot be used for Bulk purchases of beef since they are already discounted). *Our beef is 100% Grass-Fed, but NOT organic: they are fed non-organic hay in the winter.

Beef Prices:

Porterhouse	\$21.00/lb	Roasts	\$11.00/lb
T-Bone Steak	\$21.00/lb	London Broil	\$11.00/lb
Rib Eye Steak	\$18.00/lb	Ground Beef	\$7.00/lb
Sirloin Steak	\$14.00/lb	Soup bones	\$2.00/lb

Chicken: Chickens will be processed on June 8 and Sept. 28. Call to reserve fresh birds. Otherwise all birds will be frozen. Available at Farmers Markets.

Chicken Price: Whole birds \$4.50/lb

Turkey: Yes, once again we will be raising turkeys for Thanksgiving, but just a few, so if you are interested, you must order early. Birds need to be reserved with a \$15 deposit. They will be available at the farm on Tuesday, Nov. 24.

Turkey Price: \$7.00/lb

Duck: Ducks are new for us. Someone mentioned that they are great to have under apple trees. I'll try anything once. I don't know yet what they will cost to raise, so I don't yet know what the price will be. Duck will be ready after June 29.

Lamb: We have ground lamb and lamb sausage (Chorizo and Sweet Italian) available now. (*Our lamb is 100% Grass-Fed, but NOT Certified Organic: they are fed non-organic hay in the winter). Available at Farmers Mkts until sold out.

Lamb Price: Ground Lamb \$7.00/lb Lamb Sausage \$9.00/lb

FarmDollars - We're printing our own money! Pre-Purchase Four Winds "FarmDollars" now and save 10-17% on our products throughout the Farmer's Market season!

When you purchase FarmDollars now, you "invest" in the Farm and the coming growing season by providing us with money in the spring, before the Farmer's Markets have started. During the summer and fall, we reward your commitment by accepting the FarmDollars as cash for any of our meat or vegetables for sale at Farmers' Markets we attend. These FarmDollars can also be used to purchase Heirloom Seedlings at our Annual Seedling Sale, May 15th and 16th, 2009. FarmDollar packets are available until May 10th.

Clip, fill out and return to:

Four Winds Farm, 158 Marabac Rd. Gardiner, NY 12525

(please keep a copy for your records)

Your Name: _____

Address: _____

City/State/Zip _____

Phone: _____

Email: _____

- I would like to reserve a turkey for Thanksgiving (\$15 deposit) \$ _____
- I would like to buy Four Winds FarmDollars
- 110 FarmDollars for \$100 220 FarmDollars for \$200
 - 340 FarmDollars for \$300 460 FarmDollars for \$400
 - 600 FarmDollars for \$500 \$ _____

TOTAL ENCLOSED: \$ _____

I would like to reserve a side (half) or split side (quarter) of beef, available in Nov. Beef will sell for \$3.75/pound, hanging weight. (No deposit required)