

ABOUT OUR CSA

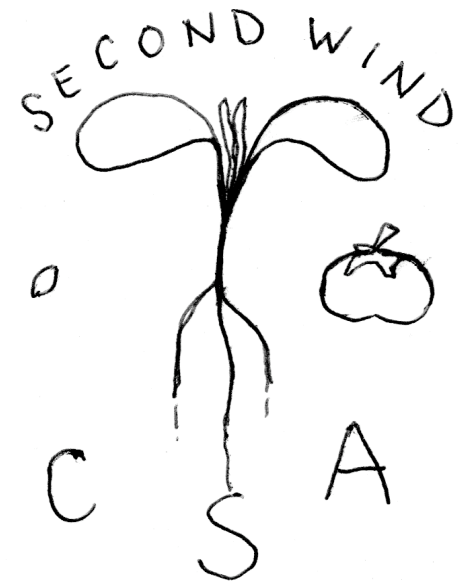
The Second Wind CSA is the Community Supported Agriculture program at the Four Winds Farm. At Second Wind, we love growing, cooking, eating and talking about vegetables. Each week our members receive an email with farm updates, share information, and recipes.

We designed our shares to be smaller than what other farms call “family size shares.” Therefore our shares can feed 2-4 people, depending on your vegetable needs. We advise members who are looking for a large, family size share to purchase 2 shares.

Our CSA program runs from the first week in June through November. Membership entitles you a weekly share of what we produce once a week during that period.



SECOND WIND CSA
158 Marabac Rd.
Gardiner, NY
12525



A CSA Program
Located at the Four Winds
Farm
In Gardiner, NY

**INFORMATION AND
ORDER FORM
2010 SEASON**

Sam Zurofsky & Erin Enouen

845-417-5624

SecondWindCSA@gmail.com

WHAT TO EXPECT

Our shares are designed as streamlined shares, focusing on a generous quantity of 8-12 items each week and offering a wide variety of vegetables from week to week.

CSA DISTRIBUTIONS

ON THE FARM:

Tuesdays from 2:30 – 7 PM

Saturdays: Boxed share, please notate on the top of the form.

IN THE COLD SPRING AREA:

Hudson Highlands Land Trust Office

Rte. 9D in Garrison

Wednesdays from 4-7 PM.

\$75 transportation fee

HOW TO SIGN UP

Fill out the form on the right. Mail it to us at the address listed with a full or partial payment.

EXTRAS

Apple Shares from Liberty View Farm are available for \$15.

SECOND WIND CSA 2010 ORDER FORM:

NAME:

ADDRESS:

PHONE:

EMAIL:

I would Like:	Number Of Shares	Cost:
CSA Share @ \$500		\$
Apple Share @ \$15		\$
Off site in Garrison, add \$75	Wednesday	\$
	Total Amount:	\$
	*Amount Enclosed:	\$

* Send Check through the mail or pay with cash or check in person. Please make checks payable to Second Wind CSA. An initial payment of no less than \$100 is required to hold your space. Any remaining balance must be paid in full no later than the first scheduled pickup unless other arrangements have been made with the farmers.

I understand that:

- My payment entitles me to a weekly share of produce
- I will share the risks and rewards of the season with the farmers and other shareholders
- Due to weather and other variables, I may receive more or less produce than I expect
- It is my responsibility to pick up my share each week during the scheduled pick up time; if I fail to pick up my share it will be discarded
- My payment is non-refundable

Please detach this form and return to:

Second Wind CSA
158 Marabac Rd.
Gardiner NY, 12525

Signed:

Date: