The most abundant hormone found in the bloodstream, dehydroepiandrosterone (DHEA), is produced by the adrenal glands. This hormone is produced abundantly during our youth, with production peaking around age 25. After this production slows, and by the age of 80, people have only 10-20% of the DHEA they had at age 20.

Research has shown that DHEA has many functions in the body pertaining to health and longevity. Some functions include helping to generate the sex hormones estrogen and testosterone, increasing the percentage of muscle mass, decreasing the percentage of body fat, and stimulating bone deposition thereby helping to prevent osteoporosis. Research has also shown that DHEA can help prevent cancer, arterial disease, multiple sclerosis, Alzheimer’s disease, and assist in the treatment of lupus, osteoporosis, activity of the immune system, and improve memory. Laboratory studies in animals have indicated that DHEA can increase life span by as much as 50%.

Contains the following ingredients:

**DHEA (dehydroepiandrosterone)**

**Pregnenolone:** Hormone. This hormone is produced by the adrenal gland and is a direct precursor to DHEA. Some experts believe that pregnenolone enhances DHEA’s activity and that they should be taken together.

**Vitamin C as Ester C:** This superior form of vitamin C enters the bloodstream faster, stays in the body longer and has the ability to reach the cells faster (up to 4 times more efficient) compared to ordinary vitamin C. Ester-C is a neutral pH formulation and not an acidic form of vitamin C which is known to cause stomach irritation and diarrhea. Vitamin C is an antioxidant that is required for tissue growth and repair, adrenal gland function, and healthy gums. It protects against the harmful effects of pollution, helps to prevent cancer, protects against infection, and enhances immunity. Vitamin C increases the absorption of iron and may reduce cholesterol levels and high blood pressure and prevent atherosclerosis. Essential in the formation of collagen, it protects against blood clotting and bruising, and promotes the healing of wounds and burns.
**Cat’s Claw:** Herb. Cleanses the intestinal tract, enhances the action of white blood cells, and acts as an antioxidant and anti-inflammatory. Good for intestinal problems and viral infections.

**Blue-green algae (Spirulina):** Nutrient. Spirulina is a rich source of protein, vitamin B12, vitamin E, beta-carotene, organic iron and chlorophyll, which helps as a blood detoxifier and in reducing cholesterol. It enhances the feeling of being full after eating.

**Aloe Vera:** Herb. Taken internally it has been shown to soothe stomach irritation, aids in healing, and has laxative properties. Good for skin and digestive disorders.

**Coenzyme Q10:** Nutrient. Plays a crucial role in the generation of cellular energy, is a significant immunologic stimulant, increases circulation, has anti-aging effects, and is beneficial for the cardiovascular system. Deficiencies of CoQ10 have been linked to heart disease.

**Odorless Garlic:** Herb. Research has shown that garlic helps to lower blood pressure, serum cholesterol levels, and aids in digestion. It is a potential immune stimulant and a natural antibiotic. It may be useful against fungal infections, including athlete’s foot, candidiasis, and yeast vaginitis. It may also destroy certain viruses such as those associated with fever blisters, genital herpes, smallpox and a type of influenza.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease. This information is nutritional in nature and should not be construed as medical advice.*